


APPETISERS

- 311 Avo & Prawn Toast** 80
Grilled Shrimp On A Bed Of Avo Toast Served With Cream Cheese Dip And Cherry Tomatoes.
- 314 Peri Peri Chicken Livers** 60
Pan Fried Chicken Livers In Chili Sauce Served With Portuguese Roll.
- 315 Garlic Snails with Homemade Bun** 90
Creamy Garlic Snails with a Home made Bun
- 316 Halloumi and Bell Pepper Bruschetta** 70 
Grilled Halloumi topped with Bell Peppers served on a slice of Bruschetta

SIZZLING STEAKS AND GRILLS

Served With Anchorage-Style Onion Rings And Chips Or Mixed Veggies Or Baked Potato

- 321 Grilled Fillet Steak 200g** 140
- 322 Grilled Fillet Steak 300g** 190
- 323 Grilled Lamb Chops 360g** 210
- 324 Grilled Pork chops 200g** 100
- 325 Grilled Rump 200g** 120
- 326 Grilled Rump 300g** 150
- 327 Spare Ribs** 200

EXTRAS

- 341 Extra Baby Marrow** 10 Compliment Your Meal With Our Selection Of Sauces
- 342 Extra Butternut** 10
- 343 Extra Carrots** 20
- 344 Extra Chips 100g** 20
- 345 Extra Spinach Creamed** 20
- 346 Extra Onion Rings** 30

ADD A SAUCE

- 351 Cheese Sauce 125ml** 30
- 354 Mushroom Sauce 125ml** 30
- 355 Pepper Sauce 125ml** 30

GOURMET PASTAS

- 366 Bolognaise** 120
Beef Mince In A Tomato-Based Sauce.
- 367 Cajun Chicken & Prawn** 150
Cajun Roast Chicken Strips Garlic Prawns And Red Peppers In A Rich Cream-Based Sauce.
- 368 Carbonara** 100
Sauteed Ham And Mushroom Combined In A Cream-Based Sauce Served With Penne Pasta.
- 369 Creamy Pollo al Forno** 130
Chicken Fillet Sautéed with White Mushrooms Combined in Sundried Tomato and Basil Pesto Sauce Serve with Penne Pasta.

DECADENT DELIGHTS

- 381 Crème Brulé** 30
Rich Custard Base Topped With As Layer Of Hardened Caramelised Sugar
- 382 Ice Cream Chocolate Sauce** 20
Vanilla Ice Cream With Rich Chocolate Sauce

- 384 Malva Pudding & Ice Cream** 30
Home-made malva served with custard OR Cream OR Ice Cream.

- 385 Amarula Don Pedro** 30

- 386 Kahlua Don Pedro** 45

A HOT CUP OF HAPPINESS

- 401 Americano** 30 - An Espresso With Hot Water Served With Hot Or Cold Milk
- 402 Café Latte** 40 - A shot of espresso with a touch of foam
- 403 Cappuccino** 35 - An Espresso Topped With Steamed Milk And A Touch Of Foam
- 404 Espresso** 20 - Short Fragrant Coffee With A Thick Golden Creamer
- 405 Hot Chocolate** 40 - Served With Cream And Marshmallow Topping
- 408 Irish Coffee** 60 - Americano with a shot of whiskey topped with cream
- 409 Mochaccino** 50 - Hot Chocolate Served With A Single Espresso
- 410 Red Cappuccino** 30 - Rooibos Tea Topped With Milk And A Touch Of Foam.
- 411 Tea Five Roses** 20
- 412 Tea Rooibos** 20
- 413 Baby Chino** 20

MILKSHAKES

- 431 Banana** 40
- 432 Bubble gum** 40
- 433 Chocolate** 40
- 434 Coffee Milkshake** 40
- 435 Lime** 40
- 436 Strawberry** 40
- 437 Vanilla** 40
- 438 Salted Caramel** 40

SODA FLOATS

- 451 Coke Float** 40
- 452 Creme Soda Float** 40
- 454 Sparberry Float** 40

COLD BEVERAGES

- 921 Appletiser - 330ml** 35
- 936 Red Grapetiser - 330ml** 35
- 923 Coke - 300ml** 30
- 924 Coke Zero - 300ml** 30
- 925 Crème Soda - 300ml** 30
- 928 Fanta Orange - 300ml** 30
- 929 Ginger Ale - 200ml** 30
- 930 Lemon Ice Tea - 300ml** 20
- 931 Mango Ice Tea - 300ml** 20
- 932 Peach Ice Tea - 300ml** 20
- 933 Lemonade - 200ml** 30
- 942 Still | 939 Sparkling Water - 500ml** 30
- 961 Cranberry Juice** 20
- 962 Fruit Cocktail** 20
- 963 Mango Juice** 20
- 965 Orange Juice** 20
- 966 Pineapple Juice** 20
- 938 Sparberry** 30
- 940 Sprite** 30
- 941 Sprite Zero** 30
- 943 Stoney** 30



MENU

BREAKFAST • LUNCH • SUPPER



SUNRISE CLASSICS

Served With A Choice Of White Or Brown Bread

102 Anchorage Breakfast

2 Eggs Any Style, 2 Fried Streaky Bacon, Grilled Haloumi, Fried Mushrooms, Balsamic Grilled Red Onion and Cherry Tomatoes. **Add sausage or Boerewors**

103 Banting Breakfast B

2 Eggs Any Style, Grilled Tomato, Mixed Pepper, Mushrooms White, Onion White, Avocado, Feta Cheese

105 Cheese Griller Breakfast

2 Fried Eggs, 2 Rashers Of Grilled Bacon, Fried Tomato, 100g Portion of Chips, Cheese Griller

107 Eggs Benini

2 Poached Eggs, A Choice Of Ham Or Spinach, Cherry Tomatoes, Hollandaise Sauce, Served On A Bed Of Ciabatta Bread

108 Fruit Delight

A Choice Of Plain Yoghurt Or Lemon Meringue Layered With Seasonal Fruits, Oats, Mixed Nuts And Drizzle Of Honey

111 Omelette

Three-Egg Omelette With Cheese, Tomato, Bacon or Mushrooms

112 On The Go Breakfast

Scrambled Eggs, 2 Rashers Of Bacon, Mushrooms, Cherry Tomatoes

113 Pronto

2 Eggs Any Style, 2 Rashers Of Bacon, Balsamic Glazed Red Onions, Cherry Tomatoes

114 Breakfast Bun

Fresh Roll served with Scrambled Egg topped with Steaky Bacon

ADD SOME TOP-UPS TO YOUR BREKKIE

131 Boerewors	30	134 Creamed Spinach	20
132 Brown Toast	3	135 Egg	15
138 White Toast	3	136 Mushrooms Grilled	25
133 Cheese Griller	15	137 50g Sausage Pork	25

LIGHT MEALS

Served With Anchorage-Style Onion Rings And Chips

151 Anchorage Beef Burger 200g

Beef Patty, Tomatoes, Gherkins, Onion White, Lettuce Mixed

170 Crumbed Veggie Burger V

Vegetarian Patty, Lettuce, Onion, Tomato and Gherkins

152 Beef Prego

Grilled Beef Fillet (150G) Served On A Portuguese Roll Topped With Tomato Onion and Peri-Peri Sauce

154 Chicken Burger 200g

Grilled OR Crumbed Chicken Fillet, Lettuce Mixed, Gherkins, Onion White, Tomatoes

155 Chicken Prego

Grilled Chicken Fillet Served On A Portuguese Roll Topped With Tomato Onion and Peri-Peri Sauce

156 Chicken Schnitzel

Crumbed Chicken Fillet. Served With Anchorage-Style Onion Rings And Chips

157 Fish & Chips

Grilled Hake, Tartare Sauce, Slice Of Lemon

158 Fish In Beer Batter

Fried Hake, Minted Peas, Tartare Sauce, Slice Of Lemon

167 Kingklip & Chips

Grilled Kingklip, Tartare Sauce, Slice Of Lemon

168 Beer Battered Kingklip

Fried Kingklip, Tartare Sauce, Slice Of Lemon

159 Naked Burger Chicken

Grilled Chicken Fillet, Tomatoes, Onion White, Lettuce Mixed, Gherkins, Avocado

160 Naked Burger Beef

Beef Patty, Tomatoes, Onion White, Lettuce Mixed, Gherkins, Avocado

161 Wrap It Up

Lettuce Onion Tomato Gherkins And Cheese Served On A Tortilla Wrap, A Choice of Chicken Strips or Spicy Beef Strips. Sauces: Mayo or Sweet Chilli Sauce

ADD SOME TOP-UPS TO YOUR LIGHT MEALS

162 Potato Chips Large	50
163 Potato Chips Reg	30
166 Battered Onion Rings	26
169 Loaded Fries V option available	60

Chips mixed with Bacon and Cheese Sauce

SALAD

191 Bacon & Caesar Salad	70
Lettuce, Bacon Bits, Croutons, Cherry Tomatoes Served With Shaved Parmesan.	
193 Chicken Strip Salad	80
Garden Salad Served With Chicken Strips	
194 Garden Salad	45
Tomatoes, Onion, Mixed Peppers, Cucumber, Olives and Feta Served On A Bed of Fresh Lettuce	

TOASTED DELIGHTS

A Toasted Sandwich (White Or Brown) With Your Choice Of Filling Served With A Nibble Of Chips.

201 Toasted Bacon & Banana	70
Cheese Mozzarella Banana Streaky Bacon and Honey Drizzle	
202 Bacon, Eggs & Cheese	75
Streaky bacon, Egg and Mozzarella cheese	
203 Grilled Chicken and Mayo	50
Shredded Chicken and Mayo	
204 Toasted Ham and Cheese	45
Ham loaf and Mozzarella cheese	
205 Tangy Cheese and Tomato B	50
Mozzarella cheese and Tomato	
207 Ham, Cheese and Tomato	65
Ham loaf, Mozzarella cheese and Tomato	

KIDDIES MENU

231 Buffalo Wings	50
150G Chicken Wings Basted In BBQ Sauce Served With Crispy Chips	
232 Chicken Nuggets & Chips	60
140G Crumbed Chicken Medallions Served With Chips.	
233 Fish Fingers Snack	60
140G Crumbed Fish Fingers Served With Crispy Chips.	
235 Mac and Cheese	70
Macaroni combined with bacon & ham bits served in a creamy cheese sauce.	
236 Mini Pizza Ninja	40
A Crispy Base With Pizza Sauce And Topped With: Mozzarella Ham And Pineapple.	
237 Ribster	50
100g Spare Ribs Served With Crispy Chips.	
238 Kiddies Brekkie	30
Scrambled egg and Cheese Griller	

WOOD FIRED PIZZA

251 Boscaiola	100
Bacon and Mushroom	
252 California	110
Bacon, Feta, and Avo	
253 Focaccia Bianca	55
Olive oil, garlic, oregano, rosemary	
254 Focaccia Plain V	40
Olive Oil, Garlic	
255 Fruitti De Mari	180
Prawns and Garlic	
256 Halloumi V	120
Halloumi Cheese, Tomato, Onion, Olives, Avocado, Sweet Chilli Sauce	
257 Hawaiian	85
Ham and Pineapple	
258 La Nona	95
Spicy Cajun Chicken and Mushrooms	
259 Maradona	90
Salami, Ham, Green Pepper, Onion, Mushrooms, Olives and Garlic	
260 Margherita V	65
Tomato and Basil	
261 Mexicana	95
Bolognese, Chilli, Onion, Green Pepper and Garlic	
262 Regina	80
Ham and Mushroom	
263 Reno	100
De-boned ribs, feta, peppadew and onions	
264 Siciliana	90
Chorizo, Green Pepper, Onion, Olives, Garlic and Mushrooms	
265 Tropicana	85
Tomato, Pineapple, Ham and Banana	
266 Vegetarian V	85
Mushrooms, Green Pepper, Onion, Asparagus, Olives and Garlic	

291 Extra Avocado 80g	15	292 Extra Bacon	15
293 Extra Feta	15	294 Extra Haloumi	40
295 Extra Ham	15	297 Extra Tomato	8
296 Extra Mushrooms 50g	10		

DOGIE MENU

461 Chicken & Rice	25
Juicy Chicken Fillet Served With Soft White Rice.	
462 Mince & Rice	30
Well Seasoned Beef Mince Served With Soft White Rice.	